

AGRONOMY AND ENGINEERING: CRITICAL ISSUES

FOOD INHALATION

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Nowadays, in our world, there is a problem with being overweight. Modern life is too quick and busy. We rush along our life and do not follow the rules of healthy lifestyle. People eat fast food, use fizzy drinks and then exhaust themselves with numerous diets and gyms. This cycle is endless and hard to changing. Is there a way out of this situation?

Harvard University professor David Edwards (creator of edible packaging) invented a device called “Le Whif”, which sprays inhaled dark chocolate [2].

The product became a bestseller in the European market, and consumers unanimously claimed that they had moderated their appetites for sweets. After this invention, Canadian chef Norman Aitken improved the unit and created “Le Whaf” based on the device “Le Whif”. In appearance, the device resembles a vase with a built-in ultrasonic generator. Food is placed inside the apparatus where it is turned into fog through ultrasound. Inhaling this fog with the help of a tube, a person feels the taste of the individual ingredients and the dish itself. “Le Whaf” greatly reduces the number of calories in dishes. In about ten minutes of inhaling food, you can get only 200 calories. Thanks to this device, you can enjoy the taste of alcoholic beverages, and do not get drunk so much [1].

Now, there are only two such devices in the world, but in autumn of this year in France it will be possible to buy “Le Whaf” for about 100 euros.

I believe that this device is ideal for those people who dream about losing weight, but cannot realize it because of different reasons. People can eat their favorite foods, and not worry about the number of calories they have taken.

It is necessary to make this device accessible to everyone. Hope, in the near future this problem will be solved. It is difficult to say something about the benefits or negative impact on the human organism because this invention was discovered recently. We can stay healthy without this device; just eating healthy food and doing exercises. New inventions are very good, and they really make our life easier, but a person must understand that our life is our business.

References

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